

October 13- 17

2025

MIDDLE SCHOOL

ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS

Produce of the Month:

Pumpkin



Fun Pumpkin Facts

- Every part of the pumpkin is edible
- The word pumpkin derives from the Greek word pepon
- They are 92% water

| 13 Monday | 14 Tuesday | 15 Wednesday | 16 Thursday | 17 Friday |
|------------------------------------|-----------------------------|------------------------------|-----------------------------|------------------------|
| BISTRO GARDEN | BISTRO GARDEN | BISTRO GARDEN | BISTRO GARDEN | BISTRO GARDEN |
| Pigs in a Blanket with Baked Beans | Beef Stromboli | Chicken Tagine | Asian Chicken Salad | Beef Stroganoff |
| BURGERLAND | BURGERLAND | BURGERLAND | BURGERLAND | BURGERLAND |
| Breakfast Burrito | Philly Burger | Pork Carnitas | Sloppy Joe | Italian Turkey Burger |
| TASTE OF ITALY | TASTE OF ITALY | TASTE OF ITALY | TASTE OF ITALY | TASTE OF ITALY |
| Macaroni and Cheese | American Chop Suey | Sausage Cacciatori | Linguini with Clam Sauce | Baked Eggplant |
| MEXICAN FIESTA | MEXICAN FIESTA | MEXICAN FIESTA | MEXICAN FIESTA | MEXICAN FIESTA |
| Crunchy Beef Taco | Asada Burrito | Beef Enchiladas Verdes | Chicken Flautas with Cheese | Nacho Supreme |
| GF ZONE | GF ZONE | GF ZONE | GF ZONE | GF ZONE |
| gf Chicken Chasseur | gf Blackened Pork Roast | gf Whole Shebang Haddock | gf Vietnamese Beef Stew | gf Jerk Chicken |
| VEGGIE CAFE | VEGGIE CAFE | VEGGIE CAFE | VEGGIE CAFE | VEGGIE CAFE |
| gf Moroccan Stew | gf Southern Black Eyed Peas | gf Chinese Mushroom Porridge | gf Caponata Siciliana | gf Agedashi Style Tofu |

Gluten Free Options Upon Request or
Check out the Gluten Free Zone

Vegetarian 

Produce of the Month

